Individual Safe Work Instruction

A TEMPLATE FOR K-12 PUBLIC EDUCATION - COMPLIANCE

The following tool is to be used for the communication of hazards and control measures to a worker. The form should identify the hazard related to the tasks and should include clear concise information about control measures to be taken. It can be used for any work where there is a risk of injury when working

The implementation of this tool is not mandatory. The tool contains recommendations to support workplace violence prevention and regulatory compliance. The information presented can be adopted in whole, in part, or not at all.

REVISION: 1.01, DATE: 2021-07-15

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Individual Safe Work Instructions

1. Student Information

1. Student Information		
Date (yyyy-mm-dd)	School Name	Student Name
		Student Photo

2. Potential Hazards and Safe Work Instructions

Hazard Potential	Specific Hazard	Safe Work Instru	ction Detail	s/Actions
Physical hazard exists?	● Yes O No	Could happen during:	□ Baseline	□ Dysregulation
Physical	 Awkward posture Transferring Lifting Pushing or Pulling equipment Floor work Stooping/bending Walking/pacing Regulation support Rescue medication Catching - helping down Other () 			
Noise hazard exists?	● Yes O No	Could happen during:	□ Baseline	□ Dysregulation
Noise	Shouting Screaming Crying / Moaning Verbal threats Other ()			

Date (yyyy-mm-dd)	School Name	Student Name
Biological hazards exist?	● Yes O No	Could happen during: Baseline Dysregulation
Hiological	☐ Blood, Saliva, Mucus ☐ Voids (toileting) ☐ Sharps ☐ Other ()	
Externalizing hazards exist?	● Yes O No	Could happen during: Baseline Dysregulation
Head Action Arm Action	Head Region Biting, Head butting Spitting Hand / Arms* Banging Clearing Grabbing Pinching Pulling Pushing / Shoving Scratching Slapping Throwing	
Full Body	Legs / Feet Kicking / Stomping Full Body Bolting, Running* Leaving area* Dropping, Flailing Twisting/Rocking/swaying Urination/Defecation Pursuina Other ()	

Date (yyyy-mm-dd)	School Name	Student Name

3. Environment Set Up and Tools Required for Safe Work

Category	Item Required	Safe Instruction and specific details regarding items
Room/area	 Antiseptic wash Eye wash station Hand Sanitizer Room mounted alarm button Telephone Means of egress Sink, waste bin and Wipes Receiving pads Other () 	
Transferring	Padding/Mats Lifts/hoist/sling Other ()	
Personal Protective Equipment	Arm protectors Face mask/shield Glasses Gloves Hat, head covering Hearing protection Pants Smock Footwear requirements Vest Other ()	
Safe Preparation and Safe Work Practice	Calm State Graduated Introduction Hair tied back Limited Contact hours/day Micro breaks No Jewelry Scent Free Team required > 1 Vaccinations Other ()	
Training	Hand Hygiene Care Plan Individual Education Plan Individual Education Plan Individual Evacuation Plan Lifts and transfers Positive behaviour support plan Violence prevention Workplace violence awareness Other ()	

Date (yyyy-mm-dd) School Name Student Name	

4. Crisis Response Plan

Take the	following action:		

5. Related plans that must be reviewed prior to starting safe work (select all that apply)

Care Plan	Individual Education Plan	Individual Evacuation Plan	Positive Behaviour Support Plan	
	🗌 Other:			

6. Safe Work Instruction Acknowledgement

Signature and Date

SAMPLE Individual Safe Work Instructions SAMPLE

1. Student Informatio			that are considered workplace violence. Delete this icon if there is no risk of workplace violence.
Date (yyyy-mm-dd)	School Name	Student Name	
YYYY-MM-DD	School Name	Student First and Last Name	
Baseline description	· · ·		
(hit, kick, spit, throw and, are frustrated, hungry or perceived injustice (not g	lizing behaviour towards adults for push over items) when they when they have suffered a atting to do what they want). asion run from supervised areas	PHOTO HERE	Fill in a description that summarizes the anticipated hazards of working with the individual. The individual is not the hazard, the actions are the hazard. Use concise language. For behaviour - use language around antecedents and setting events. For care - use a description of the services provided by the worker and the hazards presented. For example: Student uses a wheelchair and when doing support work awkward postures are possible and supportive lifting is required. Use "Alt+Enter" to start a new line within a cell. To adjust the row height go to the left hand margin and drag the row down so your text wit fit. In the following areas below all "Details" pertain to the safety of the worker and the success of the student during situations that could cause harm to the worker.

2. Potential Hazards and	Safe Work Instructions		The information given must be concise.
Hazard Potential	Specific Hazard	Safe Work Instruction Details/Actions	Select "Yes" if you expect that employees will have to physically interact to support the
Physical hazard exists?	eyes ONo	Could happen during: DBaseline DDysregulation	individual. Select the stage when this hazard is expected - baseline, or dysregulation. Select
	Awkward posture	[Student] may advance towards other students. It might be necessary to obstruct	"No" if there is no physical interaction expected.
	□Transferring	this interaction.	
	Lifting		Select all the applicable hazards.
*2	Pushing or pulling equipment	Radio for support with location	Select all the applicable hazards.
	Regulation support	Radio to Admin for support - and location	
Physical	Stooping/bending		Describe in bullet points each key hazard and the control measures to take.
	Walking/pacing Floor work	Other: Student requires constant guiding when walking, alternate arm use, do not resist student movements with arms.	Example: Awkward posture checked - When working with student at the desk take frequent
	Rescue medication		breaks, switch sides periodically. Work in teams and use the hoist when toileting.
	Catching - helping down		If "Other" was checked = be clear in the details about what the other item is referring to.
	☑Other ()		
Noise hazard exists?	●Yes ONo	Could happen during: Baseline IDysregulation	Select "Yes" if you expect that there will be noise hazards while working with the individual.
NOISE HAZAI'U EXISTS?			Select the stage when this hazard is expected - baseline, or dysregulation.
	☐Shouting ☑Screaming	[Student] screams and verbally threatens employees using shocking language when dysregulated.	Check off the applicable items
	Crying / Moaning	Do not engage with [student] at this time	Delete the Externalizing Icon if "Verbal Abuse / threats" has not been checked. Any noise hazard created by the student may have an impact that does not exceed the
	☑ Verbal threats		noise threshold however it could be causing strain.
	Dother ()	-Be silent	
Noise		-Stand back	
		-Look away	
		-Radio for assistance	
			Select "Yes" if you expect that employees will have to have exposure to biological hazards.
Biological hazards exist?	●Yes ONo	Could happen during: Baseline Dysregulation	Select the stage(s) when this hazard is expected - baseline, or dysregulation.
	Blood, Saliva, Mucus	[Student] will spit with accuracy when dysregulated. [Student] will aim at you and	Describe the hazard specifically and how the employee will protect themselves from the
	□Voids (toileting)	target you when spitting.	hazard. The individual is not the hazard, the action is the hazard.
	□ Sharps	The range is approximately 5-10 ft.	Example: Individual spits as part of baseline behaviour - employee are to wear specified personal protective equipment. Alternatively, Student requires rescue medication as
	Dother ()	Keep your distance during externalizing behaviours.	trained by the school nurse. Bite hazard exist.
Biological			
Externalizing hazards exist?	Yes ONo	Could happen during: Baseline Dysregulation	
		Baseline: Twisting and rocking can be seen at any time. Position yourself with	Select "Yes" if you expect that employees will have to have exposure to externalizing
	Biting, Head butting	adequate space to allow for this type of movement.	hazards. Select the stage(s) when this hazard is expected - baseline or dysregulation.
	☐Spitting		Describe the hazard specifically and how the employee will protect themselves from the
		Dysregulation:	hazard. The indiviual is not the hazard - the action is the hazard. For Example: Maintain a physical barrier between you and the individual during instruction.
Head Action	Banging	All items checked have been witnessed during dysregulation.	Delete or add any externalizing icons as necessary.
	Clearing	Follow the <u>Crisis Response Plan</u> below.	
	Grabbing	Expect to see unsecured items like books, instruments, cleared or thrown during dysregulation. If possible, staff will move unsecured objects, i.e., musical instrum	
	☑Pulling	When support staff arrive redirect [Student].	
Arm Action		Disengage if you are the focus of the attention.	
	Scratching	The more space given there is less chance of physical interaction.	
		No more than two people directly in [Student] sight line.	
	☑Throwing		Full Body Arm Action Leg Action
	☑Pinching	-Keep a dynamic safe distance during the externalizing acts.	Pull Body
Leg Action	Legs / Feet	-Stand back and move to a safe place as needed	
	Kicking / Stomping	-Stay quiet, do not engage in conversation	
	Full Body	-Look away and try to turn your radio down if it is up higher than a 4.	
	Bolting, Running*		Head Action Movement
Full Body	☑Leaving area*		
	Flopping, Flailing		
	Twisting/Rocking/swaying		
	DUrination/Defecation		
Movement	☑Pursuing		
	Other ()		

Instructions Workplace Violence Prevention flagging icon - used if there are externalizing behaviours

Date (yyyy-mm-dd)	School Name	Student Name	
YYYY-MM-DD	School Name	Student First and Last Name	
	1		
3. Environment Set Up an	d Tools Required for Saf	fe Work	
Category	Item Required	Safe Instruction and specific details regarding items	Check off any items that are required in order to work safely with this individual.
	Antiseptic wash	The immediate environment should be free of items that could be grabbed, and	Add additional comments on where these items are kept or how they are to be used
	Eye wash station	thrown.	necessary.
	Hand Sanitizer	Glass window should be shatter proof or protected.	For example: Sink checkbox: A sinks should be easily accessible in order to wash han
	Room mounted alarm button	Receiving pads should be available in the main learning environment and accessible	when leaving the learning space or prior to working with others.
Room/area	Telephone	to the team employees.	
	Means of egress		
	Sink, waste bin and Wipes	Staff must be able to leave the room if necessary and protect themselves against	
	Receiving pads	externalizing hazards.	
	Dother ()		Check off as applicable. If not applicable indicate this in the text box.
	□Padding/Mats	Not applicable.	Add instructions on where to find more information for requirements or add the
Transferring	Lifts/hoist/sling		information, i.e. care plan
	Other ()		internation, i.e. care plan
	Arm protectors	Appropriate sturdy footwear is required when to be worn when working as a team	
	Face mask/shield	member with [Student] or if called upon to assist as an admin.	
	Glasses	Nitrile - latex free gloves - used during dysregulation. Keep these with you at all	
	☑Gloves	times.	Check off all required PPE, also indicate if a specific PPE is optional in the text box. If
	Hat, head covering		are specific types of PPE indicate the brand and model that are required. If there are
Personal Protective	Hearing protection	If needed safety glasses and something to cover your eyes if a significant amount of	instructions on how to use the PPE, when to use it, be clear in this area.
Equipment		spitting is happening.	
	Smock		
	Footwear requirements		
	□Vest		
	Other ()		
	Calm State	Graduated Introduction: New employees working directly with [Student] should be	
	Graduated Introduction	gradually introduced. The amount of time to be introduced can vary on the	Check off all applicable steps that need to be in place in order to initiate safe work pr
	Hair tied back	relationship with [Student], however the employee must be familiar with the crisis	Explain the details of each items that is checked off, so that it is clear to the employe
	Limited Contact hours/day	response plan.	
	Micro breaks		For Example: Graduated Introduction checked - all employees working with the indivi
	□No Jewelry	Team required: When off school grounds a minimum of two employees are required	will be required to work as an observer until the primary has assessed that the stude
	Scent Free	to work directly with [Student].	not experiencing unexpect dysregulation. This is not a defined time period and should
	Team required > 1		done on a case by case basis.
	□Vaccinations	Other: Team employees should meet before the beginning of the day to collaborate	
Safe Preparation and Safe	Other ()	on the plan for the day, review any changes from the previous day and determine	
Work Practice		what the next steps are.	
		For off school grounds travel, use the field trip planning risk assessment to	
		determine how the work will be carried out safely.	
		Scarfs, lanyards, necklaces and other items that could be pulled are not to be worn.	
	Hand hygiene	Employees working directly with [Student] need to be familiar with trauma informed	
	Individual Evacuation Plan	practice, releases and use of UKERU receiving pad.	
	Lifts and transfers	All employees working in the area need to be aware of the crisis response plan for	
	Violence prevention	common areas.	Check off the applicable training required Indicate if the training is required prior to be
Training	Workplace violence awareness		appointed to the team or if it can be part of the on the job training. Be specific it a
	Care Plan		particular course is required.
	Positive behaviour Support Plan		
	Individual Education Plan		
	Other ()		

L. Classroom - Determine if it is possible to have [Student] leave the learning space, if not alert the teacher to clear the class/area. Use the UKERU elements in an area with a similar response together. However ensure that if there are unique elements in an area the response has been considered.	ate (yyyy-mm-dd)	School Name	Student Name	
Add text for each area that requires some information on how to manage the response. Gassroom - Determine if it is possible to have [Student] leave the learning space, if not alert the teacher to clear the class/area. Use the UKERU dio communication to alert Admin (can be done by the Classroom teacher upon exiting the space), observe from the window. If [Student] approaches a dor, continue to maintain a dynamic safe distance. Admin and extra team members to keep observation of the student and maintain a dynamic safe tance. Approach [Student] only when appropriate to re-establish positive behaviour support plan. Common Areas (Library, Halls, Music room, Playground) - Notify those in the immediate area to clear the area. Leave the area and close the doors. did to Admin. Other rooms in the area to be secured - announce "hold and secure". Team members to observe from a dynamic safe distance. If cessary team to relocate themselves behind a secure door or area. Approach [Student] only when appropriate to re-establish positive behaviour support an. Learning Room - Remove yourself from the room, observe from the window, radio the admin, move to the admin office area. Off School Grounds - Notify Admin, maintain a dynamic, Locate a barrier to have between you and [Student] (i.e. Park bench, fence etc.). ecial Note for Student Safety: If [Student] is injured or in imminent harm the employees will assess the scene and attempt to reduce chance of prificant injuries when it is appropriate. Related plans that must be reviewed prior to starting safe work (select all that apply) are Plan @Individual Education Plan Positive Behaviour Support Plan	YYY-MM-DD	School Name	Student First and Last Name	
	ke the following action: Classroom - Determine if it ceiving pads as necessary to dio communication to alert e door, continue to maintai stance. Approach [Student] Common Areas (Library, H adio to Admin. Other rooms accessary team to relocate th an. Learning Room - Remove y Off School Grounds - Notif becial Note for Student Safe	tis possible to have [Student] leave thi o suport [Student] during dysregulatio t Admin (can be done by the Classroom in a dynamic safe distance. Admin and only when appropriate to re-establish falls, Music room, Playground) - Notif is in the area to be secured - announce' hemselves behind a secure door or are yourself from the room, observe form of y Admin, maintain a dynamic safe dist ety: If [Student] is injured or in immine	n while the other students exit the area safely. Leave the area, close the door, seno- teacher upon exiting the space), observe from the window. If [Student] approaches extra team members to keep observation of the student and maintain a dynamic safe positive behaviour support plan. y those in the immediate area to clear the area. Leave the area and close the doors. "hold and secure". Team members to observe from a dynamic safe distance. If a. Approach [Student] only when appropriate to re-establish positive behaviour support the window, radio the admin, move to the admin office area. ance. Locate a barrier to have between you and [Student] (i.e. Park bench, fence etc.).	E.g., Leave the area, radio for help, do not confront or block, if needed go to a safe room and close the door. Clear the hall, clear the room, • REPORT ALL ACTS OF VIOLENCE AS SOON AS REASONABLY POSSIBLE.
Dother N/A	Related plans that	must be reviewed prior to s	starting safe work (select all that apply)	
				Check off all the other plans that must be read in conjunction with this ISWI.
	Care Plan Individual Ed		Positive Behaviour Support Plan	Check off all the other plans that must be read in conjunction with this ISWI.

Acknowledgement of having read the above information. If there are any questions please ask.

	Term	Supporting information and examples	
1	Antiseptic wash	To ensure appropriate hand hygiene when working with students on a care plan.	
2	Arm protectors	Where there is a possibility of scratching or biting on the arm. Various types of arm protectors could be employed. Jean jackets, Kevlar sleeves are examples	
3	Awkward posture	Where working with the student requires the worker to sustain an posture that is outside of the neutral	
	·	posture of standing or sitting straight. Includes leaning to the side, twisting, where the positions must be	
		repeated or held.	
4	Banging	A student uses their hand or fist to hit objects.	
5	Biting, head butting	A student using their mouth to bite the worker or their head to hit the worker.	
6	Blood Saliva Mucus	Biological hazard from blood exposure.	
7	Bolting , Running	Bolting and running are not a hazard but the worker's response to these actions could generate a hazard.	
	6, 6	Clear instructions on how to respond to bolting or running must be developed.	
8	Calm State	As part of the self check prior to engaging with someone confirm you are engaging in a comforting way.	
9	Catching - helping down	Select when the student has a tendency to climb things and needs assistance to get down safely.	
10	Clearing	Swiping articles from a surface to the floor.	
11	Crying / moaning	Select when exposure to these items is sufficient that is should be acknowledged. In some cases providing	
		hearing protection is necessary to reduce the impact over the course of a work day or week.	
12	Eye wash station	For the learning space or close by if there is potential for liquids/bodily fluids to get in a workers eye.	
13	Face mask/shield	Select for working spitting.	
14	Floor work	Select when the worker would be expected to get up and down from the floor many times during the work	
		day to support the student.	
15	Flopping, flailing	voluntary or non voluntary movements.	
16	Footwear requirements	sturdy footwear requirements for supporting students on the go or that stomp.	
10	Glasses	eye protection from saliva or objects.	
17	Gloves	Working with changing/toileting	
10	Grabbing	select when the student will reach out and grab the worker firmly and there is potential injury as a result.	
19	Glabbilg	select when the student will reach out and grab the worker firmly and there is potential injury as a result.	
20	Graduated Introduction	Colocit when a worker should be clowly introduced to the student so as to not source dyerosylation. This	
20	Graduated Introduction	Select when a worker should be slowly introduced to the student so as to not cause dysregulation. This	
21	Upir tind had	prevents incidents.	
21	Hair tied back	Select when there is a potential for the student to grab hair.	
22	Hand Sanitizer	Quick hand sanitization where wash stations are not possible or close by.	
23	Hat, head covering	Select when there is a potential for the student to grab hair.	
24	Hearing protection	Where there is noise that might be loud or an mentally fatiguing. This could include screaming and crying o	
		moaning. Workers should always increase distance from the noise source if safe to do so in order to reduce	
		the impact of screams.	
25	Kicking / Stomping on	Select if there is a risk of being kicked or stomped on.	
26	Leaving area	select for students that get up and roam. Workers should know how to response safely. i.e. do not block.	
27	Lifting	select for situation where the worker may be required to lift the student or some equipment related to	
		working with the student.	
28	Lifts/hoist/sling	For transferring to beds, or toileting	
29	Limited contact hours/day	In situation where alertness is required limiting the worker contact time can support good decision making.	
30	Means of Egress	Alternate way to leave the space and not engage with a dysregulated individual	
31	Micro breaks	short relief periods where a worker can step away from the specific task that requires extreme focus.	
32	No jewelry	Jewelry that could be grabbed and result in an injury should not be worn.	
33	Padding / Mats	Mats and padding could include items that might be needed to respond to a student concerns.	
34	Pants	Wearing long pants as a protective measure	
35	Pinching	action carried out by the individual	
36	Pulling	action carried out by the individual	
37	Punching	action carried out by the individual	
38	Pursuing	action carried out by the individual advancing towards a worker in a catch or carry out contact violence.	
39	Pushing / Shoving	action carried out by the individual	
40	Pushing and pulling equipment	The worker will be required to push or pull a wheel chair, cart, bed, medical equipment.	
41	Receiving pads	Pad used to support a student during dysregulation. The receiving pads are used by the worker in a trauma	
		informed way.	
42	Regulation support	This could include applying deep pressure or different supporting holds to aid the student in self regulation	
•		Refer to the positive behaviour support plan for specific for the student.	
43	Rescue medication	Includes the administration of medication needed during an event in order to support the student.	
43 44	Room mounted alarm button		
		the implementation of an engineering control to allow for early notification for a response activation.	
45 46	scent free	The individual may be impacted by scents.	
46	Scratching	action carried out by the individual	
47	Screaming	action carried out by the individual	
48	Sharps	The work involves potential exposure to sharps that could cause puncture or laceration wounds to the	
		worker. There may also be a biological hazard associated with sharps.	

ltem	Term	Supporting information and examples
49	Shouting	action carried out by the individual - loud voice but not threats
50	Sink, waste bin, and wipes	Items required if there is a need to maintain a clean environment or workers are required to maintain hand
		hygiene due to activities in the space.
51	Slapping	action carried out by the individual
52	Smock	Personal protective equipment
53	Spitting	action carried out by the individual
54	Stooping/bending	Potential awkward postures required when working with the individual.
55	team required >1	When the work is complex and for the protection of the worker more than one worker working with the
		individual will improve safety. Adding more workers does not always improve safety. Teams must have an
		understanding as to why the additional worker will improve safety.
56	Telephone	Engineering control for enhanced communication in a learning space or home visit worker.
57	Throwing	action carried out by the individual
58	transferring	Transferring an individual from one place to another. For example toileting an individual in a wheel chair.
59	Twisting/rocking/swaying	action carried out by the individual
60	Urination/Defecation	action carried out by the individual
61	Vaccinations	Worker protection from blood borne pathogens. Where this is potential exposure to blood, or biting.
62	Verbal Threats	action carried out by the individual
63	Vest	Personal protective equipment
64	Voids (toileting)	action carried out by the individual could include incontinence or by choice actions
65	Walking/pacing	action carried out by the individual - requiring the worker to do a lot of walking or movement.

Date Description of change

2021-07-15 Updated icons - higher resolution, and amended text on icons.

2021-06-02 Initial document