



Indigenous Wellness Resources

Ericka-Jade Mulherin
Coordinator-Employee Wellness

The District is committed to providing diverse, equitable and inclusive well-being resources. Check out our specific micro sites to support 2SLGBTQIA+, Indigenous, Black and multicultural staff with culturally sensitive, shared lived experience, community supports, services and crisis assistance.



Support for Employees following Ongoing Residential School Discoveries:

If you have been affected by the ongoing residential school discoveries, the Employee and Family Assistance Program provided by LifeWorks is available to support you.

Contact them in confidence at 1-844-880-9137 or visit <https://vsb.lifeworks.com/login> to access their online resources (VSB login required). Support is available in-person, over the telephone or online.

Resources and Hotlines dedicated to supporting Indigenous people:

Available 24/7

- Missing and Murdered Indigenous Women, Girls, and 2SLGBTQIA+ People Support Line: 1-844-413-6649
- KUU-US Crisis Line: 1-800-588-8717
 - Adult/Elder Crisis Line: 250-723-4050
 - Child/Youth Crisis Line: 250-723-2040
 - Métis Crisis Line BC Toll Free: 1-833-638-4722
- Indian Residential School Survivors and Family:
 - 24-Hour Crisis Line: 1-800-721-0066
- Hope for Wellness Counselling Helpline & Chat
 - <https://www.hopeforwellness.ca/>
 - 1-855-242-3310

Mon – Fri: 8am – 8pm and Weekends: 10am – 2pm

- Tsow-Tun-Le-Lum Society: 1-888-403-3123
- Aboriginal Wellness Program: 604-675-2551 or 1-866-884-0888
- First Nations Health Authority – Mental health benefit: www.fnha.ca/benefits/mental-health
- Metis Nation BC – Mental health Services: www.healthlinkbc.ca/mental-health-substance-use/resources/kuu-us-crisis-line

National Crisis Hotline

- First Nations and Inuit Hope for Wellness Helpline: 1-855-242-3310

District-Specific Programs

First Nations Health Authority Benefits

Youth & Family Resources

Culturally Safe Health Programs

Resource & Information Hubs

Counselling Resources

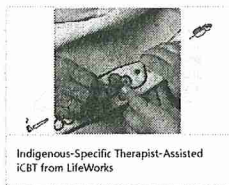
Guides, E-Learning & Media Resources

Service & Provider Directories

Online Support Programs

Do you have a Community Resource to Share? Submit it Here!

District-Specific Resources



First Nations Health Authority Benefits Program

The First Nations Health Authority Benefits Program covers six benefit areas: dental, medical supplies and equipment, medical transportation, mental health, pharmacy, and vision. The program also manages the **BC Medical Services Plan (MSP)** and pays for **ambulance bills** for eligible First Nations in BC.


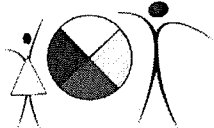







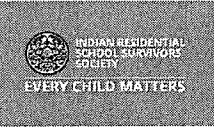



The Health Benefits Program is available to First Nations people with Indian status who live in BC. The Health Benefits Program is also available to infants (up to 24 months) if at least one parent is eligible for the program. Some mental health services have different eligibility criteria. See more information about eligibility, and find details about what is covered at the links below

Important Links for the First Nations Health Authority Benefits Program


 <p>First Nations Health Authority Health through wellness</p> <p>Program Overview</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Eligibility Guide</p>	 <p>First Nations Health Authority Health through wellness</p> <p>FNHA Health Benefits Guide</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Mental Health</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Dental</p>
 <p>First Nations Health Authority Health through wellness</p> <p>Pharmacy</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Vision Care</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Medical Supplies & Equipment</p>		
 <p>First Nations Health Authority Health through wellness</p> <p>Ambulance Bills</p>	 <p>First Nations Health Authority Health through wellness</p> <p>Medical Transportation</p>	 <p>First Nations Health Authority Health through wellness</p> <p>BC Medical Services Plan (MSP)</p>		

[Download a PDF of the Program Guide Here!](#)

Cultural & Community Support Programs


 <p>2-Spirited People of the 1st Nations</p>	 <p>Aboriginal Front Door Society</p>	 <p>DUDES Club - Indigenous Men's Wellness Promotion</p>	 <p>Saa'ust Centre for Families & Survivors affected by National MMIWG Inquiry</p>	 <p>DANCING TO EAGLE SPIRIT SOCIETY - Serving the two spirited community and...</p>
 <p>2-Spirit Collective Urban Native Youth Association</p>	 <p>Support Network for Indigenous Women and Women of Color</p>	 <p>Vancouver Aboriginal Friendship Centre Society</p>		
 <p>Helping Spirit Lodge Society - Domestic & Family Violence Services</p>	 <p>Indian Residential School Survivors Society</p>	 <p>Circle of Eagles Lodge Society - Peer Support, Healing, Culture and more</p>	 <p>Aboriginal Patients' Lodge - Lu'ma Native Housing Society</p>	 <p>Safespace Networks & Sharing Circles - BC Association of Aboriginal Friendship...</p>

Family & Youth Resources



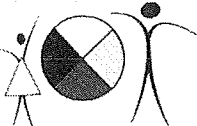
**WE ARE INDIGENOUS:
Big Worries / Fears**
PARENT / CAREGIVER SUPPORT PROGRAM

We Are Indigenous: Big Worries/Fears, Parent/Caregiver Support Program



Canadian Mental Health Association

Community Wellness: Indigenous Peer Support Initiatives - CMHA



Aenish Naa Gegit: the Children's Health and Well-being Measure




2-Spirit Collective | Urban Native Youth Association



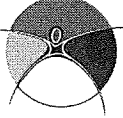
HELPING SPIRIT LODGE

Helping Spirit Lodge Society - Domestic & Family Violence Services




URBAN NATIVE YOUTH ASSOCIATION

Urban Native Youth Association



Aboriginal Front Door Society




DAFGP | Doulas for Aboriginal Families Grant Program


Doulas for Aboriginal Families – BC Association of Aboriginal Friendship...



Pacific Association of First Nations Women



BC Aboriginal Child Care Society




ekw7il doula collective


ekw7il doula collective - full-service birth work services for indigenous families



Aboriginal Mother's Centre Society




Vancouver Aboriginal Friendship Centre Society




Vancouver Aboriginal Child and Family Services Society

Culturally Safe Health Programs




fraserhealth
better health. Best in health care.

Indigenous mental health and wellness - Fraser Health Authority




Provincial Health Services Authority

Indigenous Health - Provincial Health Services Authority




Providence HEALTH CARE
How you want to be treated.


INDIGENOUS WELLNESS PROGRAM | Providence Health Care



Virtual mental health supports - Province of British Columbia




Indigenous Wellness Program | Cultural Supports Services in BC's Fraser Valley




Vancouver Coastal Health

Indigenous Health - Vancouver Coastal Health




Canadian Mental Health Association

Community Wellness: Indigenous Peer Support Initiatives - CMHA




Vancouver Aboriginal Friendship Centre Society




LU'MA NATIVE HOUSING SOCIETY

Lu'ma Medical Centre – Lu'ma Native Housing Society




Vancouver Aboriginal Health Society



LU'MA NATIVE HOUSING SOCIETY

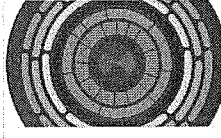
Aboriginal Patients' Lodge – Lu'ma Native Housing Society

Resource & Information Hubs




Living My Culture.ca

Living My Culture: An initiative of the Canadian Virtual Hospice




First Nations Mental Wellness Continuum Framework - Thunderbird Partnership...

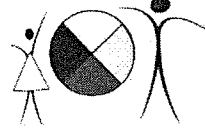


FIRST NATIONS PUBLIC SERVICE SECRETARIAT
COURAGE TO EXCEL

First Nations Public Service Secretariat – Courage to Excel



Pewasewoan – The Indigenous Wellness Research Group



Aenish Naa Gegit: the Children's Health and Well-being Measure



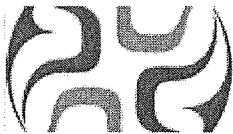
Vancouver Aboriginal Transformative Justice Services Society



FirstVoices
Language Archives

FirstVoices - Share and promote language, oral culture and linguistic history

Crisis & Counselling Resources



Indigenous Counselling Services in Metro Vancouver



Home - Hope for Wellness Helpline



2-Spirit Collective | Urban Native Youth Association



Safespace Networks & Sharing Circles – BC Association of Aboriginal Friendship...



Native Courtworker and Counselling Association of British Columbia

Service & Provider Directories



Indigenous Health Services - Pathways North Shore



Resources for Indigenous people | City of Vancouver



Indigenous Supports And Services Directory: Indigenous Wellness Training...



Network for Aboriginal Mental Health Research: Programs Database

Guides, E-Learning & Media Resources



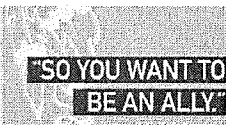
Indigenous History E-Learning Opportunities



BC Elder's Guide - First Nations Health Authority



Tip Sheet & Workbook: Using the Medicine Wheel for Person-Centred...



Segal Centre Indigenous Ally Toolkit



Wellness Video Library

Online Support Programs



Brighter Days: An Indigenous Wellness Program supported by Sun Life - Kids...



We Are Indigenous: Big Worries/Fears, Parent/Caregiver Support Program

Community Resource Submission

Do you know about a community-specific resource that is not listed here? You know your community best, so we invite all employees to submit any links or information about community well-being resources to be shared on these pages. Employee Wellness will review all submissions and post resources here as appropriate.

Hi, Debbie. When you submit this form, the owner will see your name and email address.

Resource Type



1. Is this resource targeted for a specific community?

- Yes, the Black Community
- Yes, the Indigenous Community
- Yes, the 2SLGBTQIA+ Community
- Yes, the Asian & Pacific Island Community
- Yes, the Muslim Community
- Yes, the South Asian Community
- Yes, the Jewish Community
- Yes, the Latinx Community
- Yes, multiple multicultural communities or newcomers
- No, it is a general Mental Health resource
- No, it is a general Health or Medical Resource
- No, it is a general Family, Grief or Financial resource

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END



2SLGBTQIA+ Wellness Resources

Ericka-Jade Mulherin
Coordinator-Employee Wellness

The District is committed to providing diverse, equitable and inclusive well-being resources. Check out our specific micro sites to support 2SLGBTQIA+, Indigenous, Black and multicultural staff with culturally sensitive, shared lived experience, community supports, services and crisis assistance.

Do you have a Community Resource to Share? Submit it here!

Counselling, Clinical & Peer Support Services

Advocacy & Legal Services










Social & Community Resources

Directories, Resource Finders & Informational Resources





















Allyship & Resources for Friends and Family

Counselling, Clinical, & Peer Support Services

 Gender Equity & 2SLGBTQIA+ Resources - Province of British Columbia	 Gender Spectrum	 Services - Umbrella Mental Health Network	 Mycelium - YouthCO Online and In-Person Programming for Queer & Trans Youth	 2SLGBTQIA+ Free Counselling - QMUNITY
 Q Mental Health Hub — QMUNITY	 Trans ID Clinic — QMUNITY	 Seniors & Older Adults Services - QMUNITY		
 Peer Support Groups - QMUNITY	 Check Yourself - Sexual Health Options for Men Who Have Sex with Men	 Trans Lifeline - Hotline, Microgrants, ID Change Library, Legal Support, Resource...	 Health Initiative For Men (HIM)	 outsideIN - Mental, Sexual, and Social Health Resources for Undisclosed Gay...
 The Grounding Stone - Therapy Groups & Support Circles, Continuing Education...	 The Centre for Gay Counselling	 QCHAT Peer Support for 2SLGBTQIA+ Youth in BC		
 MOSAIC: Peer Support for 2SLGBTQIA+ Newcomers - Regardless of Immigration...	 Advance Leadership for GBT2Q Men's Health in Canada	 Support & Resilience for LGBTQ+ Individuals Sessions Circles by Modern...	 Taking a Stand: Education & LGBTQ+ Allyship - Modern Health Circles	 Coming Together: Support for Transgender & Gender Diverse Individua...
 The Trevor Project For Young LGBTQ Lives	 The Safe Zone Project	 Aging with Pride - BC Care Providers Association		

 <p>TrevorSpace - Community for LGBTQ young people</p>	 <p>Chronically Queer - Virtual Support Services</p>	 <p>Investigators: Community Health Leadership Program</p>	 <p>Prism: VCH education, information and referral service for the lesbian, gay...</p>	 <p>Gender Resources - BC Children's Hospital</p>
 <p>It Gets Better Canada</p>	 <p>Gender Generations Project: Empowering Gender Diverse Youth Through...</p>	 <p>It Gets Better - The It Gets Better Project exists to uplift, empower, and connect...</p>		
 <p>Lesbian Gay Bi Trans Youth Line</p>				

Advocacy & Legal Services

 <p>SOGI 1 2 3: British Columbia's SOGI Education Hub</p>	 <p>VPD Safe Place: Shelter and Safety for the 2SLGBTQIA+ Community</p>	 <p>Dignity Seniors Society: Supporting BC's 2SLGBTQIA+ Seniors</p>	 <p>ARC Foundation: Fostering Awareness, Respect and Capacity through SOGI...</p>	 <p>Canadian Centre for Gender and Sexual Diversity For a world without...</p>
 <p>Home - Pride At Work Canada</p>	 <p>JusticeTrans: Access to Justice and Legal Information for Two Spirit, Trans, Non...</p>	 <p>Welcoming Schools - Gender and LGBTQ+ Inclusive Schools</p>		
 <p>Egale: Canadian Organization working to improve the lives of 2SLGBTQI people in...</p>	 <p>Gender Equity & 2SLGBTQIA+ Resources - Government of British Columbia</p>	 <p>Trans Rights BC - Advocacy and Education on Trans Human Rights</p>	 <p>Trans Alliance Society</p>	 <p>Sher Vancouver - Support for 2SLGBTQIA+ South Asians & Their Friends</p>
 <p>Rainbow Railroad - Support for Persecution Based on Sexual Orientation</p>	 <p>Catherine White Holman Wellness Centre - Low Barrier Wellness & Legal Services</p>	 <p>Pride Education Network</p>		
 <p>Trans Lifeline - Hotline, Microgrants, ID Change Library, Legal Support, Resource...</p>	 <p>PHSA Trans Care BC: Improving gender-affirming care across B.C.</p>	 <p>Helping 2SLGBTQIA+ Refugees Resettle in Canada - Rainbow Refugee</p>	 <p>MOSAIC: Peer Support for 2SLGBTQIA+ Newcomers - Regardless of Immigration...</p>	

Social & Community Resources



2-Spirited People of the 1st Nations



2-Spirit Collective | Urban Native Youth Association



Park Board Pride: Recreation Services for the 2SLGBTQIA+ community



Sher Vancouver - Support for 2SLGBTQIA+ South Asians & Their Friends



Big Bro's Barbershop - Trans Community Support Hub & Barbershop



Saige Community Food Bank - Trans, Two-Spirit, and Gender Diverse Space



Seniors & Older Adults Services - QMUNITY



What's On! Queer BC - Community Resource List



Out in Schools



Trans ID Clinic - QMUNITY



The Asexual Visibility and Education Network



Safety in Relationships: Trans Folk | Legal Aid BC



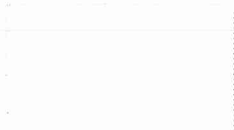
Intersex Society of North America | A world free of shame, secrecy, and...



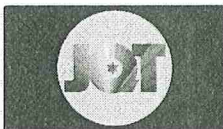
On My Planet: A Queer & Trans Positive Website



The ArQuives - Canada's LGBTQ+ Archives



Trans, Non-Binary, and Two-Spirit Resources - Vancouver Public Library



JQT Vancouver - Queerifying Jewish Space, Jewifying Queer Space



DANCING TO EAGLE SPIRIT SOCIETY - Serving the two spirited community and...

Service Directories, Resource Finders, and Informational Resources



2SLGBTQIA+ Resources from LifeSpeak (Videos, Expert Blogs, Expert Q&A)



LifeSpeak Video Series: LGBTQ+ and Mental Health



2SLGBTQIA+ Resources from LifeWorks (Videos, Articles, Toolkits)



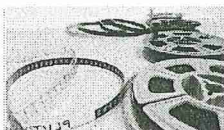
Cultivating Diversity and Inclusion Toolkit from LifeWorks



Gender Equity & 2SLGBTQIA+ Resources - Government of British Columbia

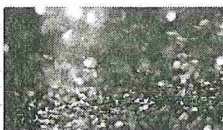


2SLGBTQIA+ Resources - here to help



Wellness Video Library

Allyship & Resources for Friends & Family



2SLGBTQIA+ E-Learning Opportunities



LGBTQ+ Support & Allyship Educational Videos | My Workplace Health

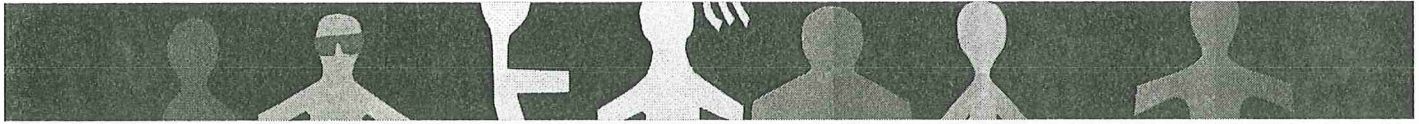


British Columbia Chapters - PFLAG Canada



Pflag Canada - Support for Parents & Friends of 2SLGBTQIA+ Individuals

END



Multicultural Wellness Resources

Ericka-Jade Mulherin
Coordinator-Employee Wellness

The District is committed to providing diverse, equitable and inclusive well-being resources. Check out our specific micro sites to support 2SLGBTQIA+, Indigenous, Black and multicultural staff with culturally sensitive, shared lived experience, community supports, services and crisis assistance.

On this page, find specific resources for multiple cultures and newcomers, Asian and Pacific Island community members, South Asian community members, Muslim Community Members, Jewish Community Members, and Latinx Community members.

Do you have a Community Resource to share? Submit it here!

Multicultural & Newcomer Resources

Asian & Pacific Islander Resources

South Asian Resources

















Muslim Resources


Jewish Resources

Latinx Resources

Media Resources

Multicultural & Newcomer Resources


 Multicultural Helping House Society	 Intercultural Wellness group & other events – South Vancouver Seniors Hub	 Multicultural Outreach Services - Fraser Health Authority	 Living My Culture: An initiative of the Canadian Virtual Hospice	 Multicultural Family Centre — REACH Community Health Centre
 Recovery Dharma Online - BIPOC Only (Black, Indigenous, People Of Color)	 S.U.C.C.E.S.S. Help Line - Cantonese, Mandarin, Korean and Farsi	 WelcomeBC: Support and Help for Newcomers to BC		
 Newcomers Settlement - Chimo Community Services	 Here to Help BC - Multilingual Mental Health Resources	 Centre for Addiction & Mental Health - Multilingual Resources	 Multicultural Mental Health Resource Centre	 Affiliation of Multicultural Societies & Service Agencies of BC (AMSSA)
 AMSSA - Multicultural Health Programs & Resources Available to Vancouver...	 Progressive Intercultural Community Services Society	 DIVERSECITY Community Resources Society		




ICON - Inter-Cultural Online Health Network




MOSAIC Newcomer & Immigrant Services



Mental Health & Wellness Support | Foundation for a Path Forward



Althea | Black, Indigenous, and People of Colour (BIPOC) mental health & wellness...



Inclusive Therapists - Culturally Safe Mental Health Service Locator



ISSofBC | Immigrant Services Society of BC



Mount Pleasant Family Centre Society - Circles of Care Refugee Program



Newcomers & Immigrants - Collingwood Neighbourhood House




YMCA Canadian Fitness Connection Program - Newcomer Fitness




Umbrella Multicultural Health Co-op | Providing Practical Access to Affordable...




Multicultural Family Centre - REACH Community Health Centre



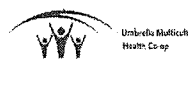
Vancouver Association for Survivors of Torture (VAST) - Refugee Mental Health...



Healing in Colour



YMCA Canadian Fitness Connection Program - Newcomer Fitness



Umbrella Multicultural Health Co-op | Providing Practical Access to Affordable...


Asian & Pacific Island Resources



Japanese Canadian Cultural Centre



Diversity | Asian Impact Society




Landing Page | Cultivating Growth and Solidarity



The Holistic Panda - Holistic Wellness for the Busy Soul



Healing Spaces for Asian and Pacific Islander: Communities - Modern Health



YMSMLGBT Center of Excellence on Racial and Ethnic Minority



Asian Canadian Labour Alliance



ACSEA | Asian-Canadian Special Events Association



#Elimin8Hate: Advocacy arm of the Vancouver Asian Film Festival



Asians Do Therapy



Asia Pacific Foundation of Canada




HOME 主頁 | Chinese Cultural Centre of Vancouver




project 1907: grassroots group made up of Asian women to elevate Asian voices



#Elimin8Hate: Advocacy arm of the Vancouver Asian Film Festival




Asians Do Therapy



NAAPIMHA - National Asian American Pacific Islander Mental Health Association



Asian Canadian Labour Alliance



Hong Fook Association




Nikkei Seniors Health Care & Housing Society



United Chinese Community Enrichment Services Society - S.U.C.C.E.S.S.



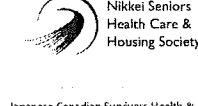
Chinese Mental Health Promotion - CMHA




Growth and Solidarity - A Mental Health Hub for Asian Communities in Canada




Nikkei Seniors Health Care & Housing Society Programs (Japan)




Japanese Canadian Survivors Health & Wellness Fund




United Chinese Community Enrichment Services Society - S.U.C.C.E.S.S.



Project Lotus - Mental Health Resources & Stigma Reduction in the Asian Community



G-Mind (Korea)



Into the Light Organization (Indonesia)



Touch Community Services (Singapore)

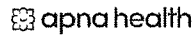
South Asian Resources



South Asian Women's Centre | Sisterhood and Solidarity



South Asian Mental Health Alliance



Apna Health



SOCH Mental Health



End-of-life planning in the South Asian community - Vancouver Coastal Health



Roshni Alcohol & Drug Use Clinic - Fraser Health Authority



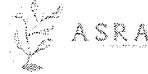
South Asian Health Institute - Fraser Health Authority



South Asian Sexual & Mental Health Alliance



Sehat/Health | Lakshmi Narayan Mandir Hindu Mandir Surrey



Asra: The Punjabi Alcohol Resource

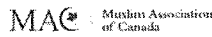


South Asian Community Hub

Muslim Resources



Muslim Welfare Canada



Muslim Association of Canada



The BC Muslim Association



Nisa Helpline: Free, Confidential 24-Hour Support Line for Muslim Women



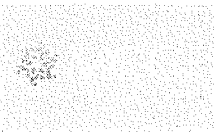
Muslim Alliance for Sexual and Gender Diversity



Muslim Resource Centre for Social Support and Integration



Muslim Food Bank & Community Services



Muslim Community Care Foundation



Peaceful Families - Working toward preventing all types of abuse in Muslim...



Canadian Muslim Chaplain Organization

Jewish Resources

 <p>The Wellness Institute: Mental Health & Suicide Prevention (Jewish Learning...)</p>	 <p>Jewish Seniors Alliance</p>	 <p>BeyachadBC: Tools, Resources & Community Support</p>	 <p>Jewish Family Services Counselling Services</p>	 <p>Jewish Community Directory Jewish Federation of Greater Vancouver</p>
 <p>Jewish Community Centre of Greater Vancouver</p>	 <p>JQT Vancouver - Queerifying Jewish Space, Jewifying Queer Space</p>			

Latinx Resources

 <p>Watari - Latin American Outreach & Counselling</p>	 <p>Mental Health & Psychoeducation Voz Pro Salud Mental</p>	 <p>Meditación Guiada en Español - Circles by Modern Health</p>	 <p>Healing Latinx & Hispanic Communities - Circles by Modern Health</p>
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Media Resources




Wellness Video Library

END



Wellness Resources for the Black Community

 Ericka-Jade Mulherin
Coordinator-Employee Wellness

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Do you have a Community Resource to Share? Submit it here!

Resource & Information Hubs

Community & Support Groups



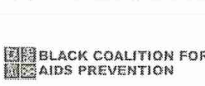




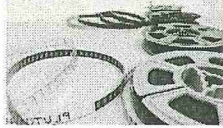
Counselling Resources

Education & Online Programs


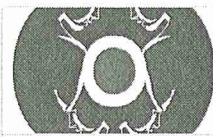



Service/Provider Directories

Apps




Resource & Information Hubs

 <p>Foundation for Black Communities (FFBC)</p>	 <p>CAFCAN Caribbean African Canadian Social Services</p>	 <p>Black Coalition for AIDS Prevention</p>	 <p>Federation of Black Canadians</p>	 <p>BLACK LIVES MATTER VANCOUVER: Local Resource List</p>
 <p>Black Health Alliance – Community-led registered charity working to improve th...</p>	 <p>OURSelves BLACK — A biannual, mental health resource magazine for the Black...</p>	 <p>Wellness Video Library</p>		

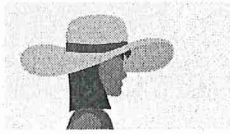
Community & Support Groups

 <p>Black Women Connect Vancouver</p>	 <p>Support Network for Indigenous Women and Women of Color</p>	 <p>Therapy for Black Girls - an online space dedicated to encouraging the mental...</p>	 <p>Healing Circles for Black Communities: Radical Hope - Circles by Modern Health</p>	 <p>Celebrating Black Joy Sessions Circles by Modern Health</p>
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Counselling Resources

 <p>Vancouver Black Therapy & Advocacy Foundation</p>	 <p>Across Boundaries - Mental Health & Addictions Support for Racialized...</p>	 <p>Black Youth Helpline - Professional, culturally relevant helpline, youth & fami...</p>
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Education & Online Programs



Skin Cancer Awareness & Prevention for People of Color - The Dermatology...



BEAM: Black Emotional & Mental Health Collective: Training, Education, Toolkits ...



Black Talents - Career Support for Black Youth

Service Provider Directories



Black Mental Health Canada: Where potential meets reality



Therapy for Black Girls - an online space dedicated to encouraging the mental...

Apps



Mendu — Guided Audio Journaling App for Women of Colour

END

Community Resource Submission

Do you know about a community-specific resource that is not listed here? You know your community best, so we invite all employees to submit any links or information about community well-being resources to be shared on these pages. Employee Wellness will review all submissions and post resources here as appropriate.

Hi, Debbie. When you submit this form, the owner will see your name and email address.

Resource Type

1. Is this resource targeted for a specific community?

- Yes, the Black Community
- Yes, the Indigenous Community
- Yes, the 2SLGBTQIA+ Community
- Yes, the Asian & Pacific Island Community
- Yes, the Muslim Community
- Yes, the South Asian Community
- Yes, the Jewish Community
- Yes, the Latinx Community
- Yes, multiple multicultural communities or newcomers
- No, it is a general Mental Health resource
- No, it is a general Health or Medical Resource
- No, it is a general Family, Grief or Financial resource

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